

Fullname	TSA NO	Gender	DistanceDesc	AgeCategory
<b>SUPER SPRINT JNR</b>				
Jeané Smith (TTA)	TSA 7676	Female	Super Sprint	12 - 13
Buhle Tshabalala (TTA)	TSA 7103	Male	Super Sprint	12 - 13
<b>SPRINT JNR</b>				
Jaimee Wolfaardt (TTA)	TSA 6110	Female	Sprint Tri	16 - 17
Cara Crichton (TTA)	TSA 6136	Female	Sprint Tri	16 - 17
Divan de Vries (TTA)	TSA 6183	Male	Sprint Tri	16 - 17
Robert Ford (TTA)	TSA 6152	Male	Sprint Tri	16 - 17
Mia van der Veen (TTA)	TSA 5905	Female	Sprint Tri	18 - 19
Shaun Wolfaardt (TTA)	TSA 6109	Male	Sprint Tri	18 - 19
Bongani Nkosana Tshabalala (TTA)	TSA 7103	Male	Sprint Tri	18 - 19
Divan Nel (TTA)	TSA 7589	Male	Sprint Tri	18 - 19
<b>STANDARD</b>				
Thana Groenewald (TTA)	TSA 6059	Female	Standard Tri	20 - 24
Gizelde Strauss (TTA)	TSA 0586	Female	Standard Tri	20 - 24
Hannah Newman	TSA 6122	Female	Standard Tri	21 - 24
Demi Neuper (TTA)	TSA 6142	Female	Standard Tri	25 - 29
Adriaan Myburgh (TTA)	TSA 6308	Male	Standard Tri	25 - 29
Michael Hesse (TTA)	TSA 6133	Male	Standard Tri	25 - 29
Mark Lamprecht (TTA)	TSA 7029	Male	Standard Tri	25 - 29
Annemie De Lange (TTA)	TSA 4943	Female	Standard Tri	30 - 34
Jaunmari Matthee (TTA)	TSA 7649	Female	Standard Tri	30 - 34
Rina Maree (TTA)	TSA 6150	Female	Standard Tri	30 - 34
Daniel Van de Venter (TTA)	TSA 6812	Male	Standard Tri	30 - 34
Mia Breedt (TTA)	TSA 7578	Female	Standard Tri	35 - 39
Charna van der Merwe (TTA)	TSA 7722	Female	Standard Tri	35 - 39
Riana Robertson (TTA)	TSA 6155	Female	Standard Tri	36 - 39
Nico Sterk (TTA)	TSA 6367	Male	Standard Tri	35 - 39
Gerhard Grebe (TTA)	TSA 6057	Male	Standard Tri	35 - 39
Adriaan Wooding (TTA)	TSA 6373	Male	Standard Tri	35 - 39
Marno Matthee (TTA)	TSA 7647	Male	Standard Tri	35 - 39
Fanie Joubert (TTA)	TSA 7710	Male	Standard Tri	40 - 44
Ruan Strydom (TTA)	TSA 6007	Male	Standard Tri	40 - 44
Telani Webber (TTA)	TSA 6107	Female	Standard Tri	40 - 44

Jacque VAN DER WAALS (TTA)	TSA 6256	Female	Standard Tri	45 - 49
Riekie Smit (TTA)	TSA 7090	Female	Standard Tri	45 - 49
Corne Lotz (TTA)	TSA 6348	Male	Standard Tri	45 - 49
george smit (TTA)	TSA 6828	Male	Standard Tri	45 - 49
Danie Dreyer (TTA)	TSA 6304	Male	Standard Tri	45 - 49
Shaun Smee (TTA)	TSA 6065	Male	Standard Tri	45 - 49
Rinaldi Marinda Botes (TTA)	TSA 6023	Female	Standard Tri	50 - 54
Alison Pronk (TTA)	TSA 7040	Female	Standard Tri	50 - 54
Patrice Gautier (TTA)	TSA 7321	Male	Standard Tri	50 - 54
Martie Kenyon Roodt (TTA)	TSA 6123	Female	Standard Tri	50 - 54
<b>SPRINT AGE GROUP</b>				
Matthew Bodenstein (TTA)	TSA 7713	Male	Sprint Tri	25 - 29
Andrew Reeders (TTA)	TSA 7587	Male	Sprint Tri	35 - 39
Trish Heimann (TTA)	TSA 6364	Female	Sprint Tri	45 - 49
Denise Higgins (TTA)	TSA 804	Female	Sprint Tri	45 - 49
Yolande Cowley (TTA)	TSA 6043	Female	Sprint Tri	50 - 54
Bernice van der Merwe (TTA)	TSA 6247	Female	Sprint Tri	50 - 54
Andy Robertson (TTA)	TSA 6849	Male	Sprint Tri	50 - 54
Gustav Meyer (TTA)	TSA 7585	Male	Sprint Tri	50 - 54
Yvette van der Westhuizen (TTA)	TSA 5949	Female	Sprint Tri	55 - 59
Christa Pretorius (TTA)	TSA 7698	Female	Sprint Tri	55 - 59
Johann Pretorius	TSA 6316	MALE	Sprint Tri	60 - 64
Alma Wasserfall (TTA)	TSA 6244	Female	Sprint Tri	65 - 69
Johan Strydom (TTA)	TSA 6192	Male	Sprint Tri	65 - 69